
Whole Systems Approach and Gold Sustainable Food Places

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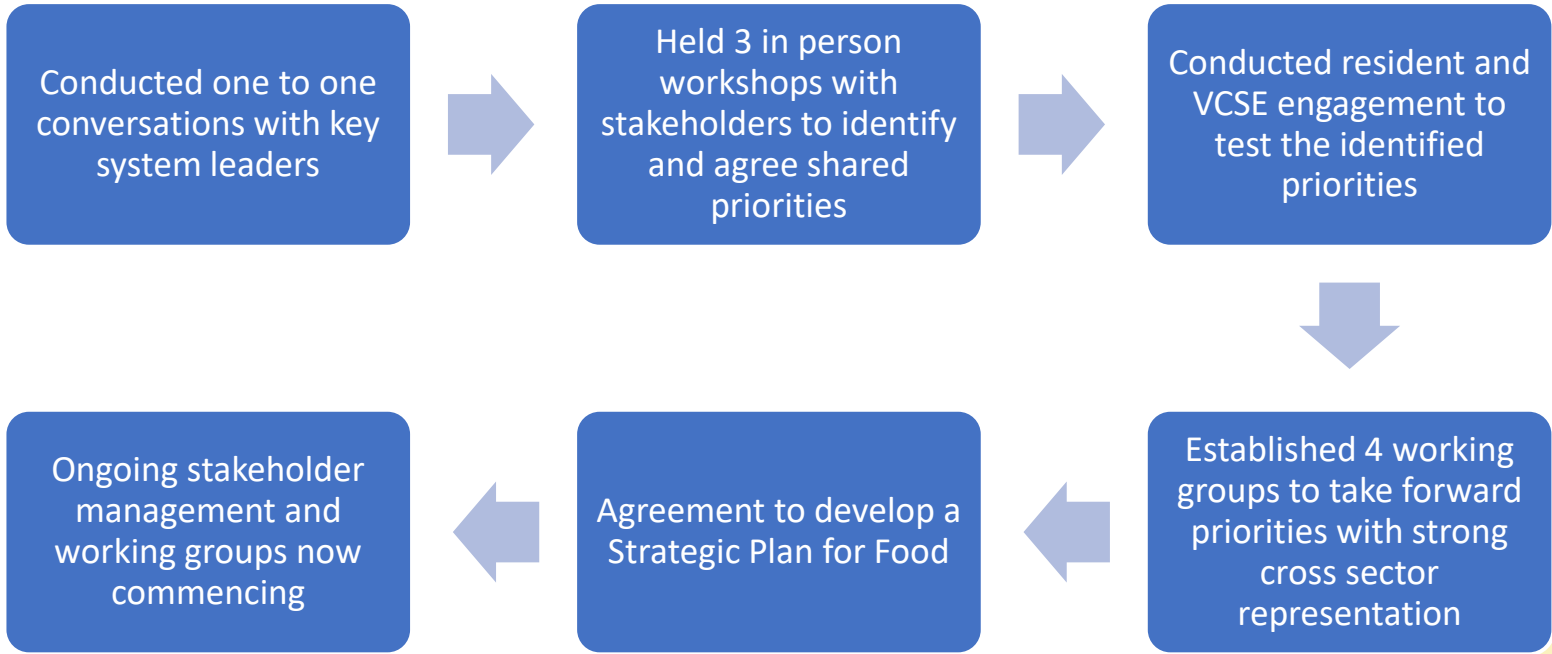
Joint Leicestershire Health and Wellbeing Strategy commitment E2.1

“We will continue to strengthen and expand the Whole System Approach for Healthy Weight, Food and Nutrition (including the role of physical activity) by engaging the most appropriate stakeholders”

Introduction to the Whole Systems Approach for Healthy Weight, Food and Nutrition

- The Whole System Approach (WSA) Healthy Weight, Food and Nutrition recognises food as a system rather than a set of disconnected issues
- Through collective action of partners, strong academic backing and resident engagement, the WSA can create the opportunities for long term change
- WSA has a clear governance framework in place comprising a Steering Group, supported by 4 sub groups which bring together relevant partners under a coherent systems approach

WSA progress to date



Joint Leicestershire Health and Wellbeing Strategy commitment E2.2

“We will work together with partners, businesses and communities to achieve Gold Sustainable Food Places status for Leicestershire”

Going for Gold

- Awarded to the place – Leicestershire – partner activity contributes towards award
- Awarded Silver SFP in 2023
- Launched our Gold bid in summer 2025 - [Leicestershire County Council Going for Gold](#)
- Demonstration of 2 exceptional areas
- Award submission includes a visit from national SFP team
- Winning Gold is not the end!



Key Gold programmes of activity



- The Allerton Project – farming cluster project
- Resident insight through Food conversations and Grass Roots Food Plan
- Food Insecurity
- Life course approach – where are the touchpoints for conversations around food

Next steps for the WSA and Gold award



- Maintain momentum and strengthen commitment from strategic leadership and the wider partnership
- Embed resident and community insights into programme design and delivery
- Continued development of the Strategic Plan for Food
- Continued preparation for the SFP visit in the Autumn and subsequent Gold award submission